



BORDER SECURITY FORCE

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13th Feb`2017

PRESS RELEASE

LECTURE ON “LIFESTYLE MANAGEMENT” AT FHQ-1 HOSPITAL BSF, R K PURAM, NEW DELHI

Today, on 13th Feb' 2017, a health promotion awareness lecture was organised by BWVA BSF at FHQ-I Hospital BSF, R K Puram. Mrs. Renu Sharma, President BWVA (BSF Welfare Wives Association) was the chief guest of the function.

2. Eminent Doctors from AIIMS and B L Kapoor Hospital, New Delhi delivered lecture on life style management, balanced diet and promotion of Oral hygiene. Dr. Harsh Priya, Dr. Anupama and Dr. Desmia from AIIMS gave a very informative talk on Oral hygiene promotion. Dr. Dheeraj Gandotra, consultant Cardiologist, B L Kapoor gave a talk on life style management.

3. On this occasion President BWVA also distributed free tricycle to the two disabled BSF Jawans.

4. Around 150 jawans with their families attended the lecture. Dr. Ashok Rai, Commandant (Medical), Dr. Obaid Ahmed, CMO (SG), Mr. Vijay Kumar Comdt 95 Bn and other senior officers of BSF were present in the lecture cum health awareness talk.

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