



**INTERNATIONAL YOGA
DAY CELEBRATION**

21st JUNE

**STC BSF CHAKUR
DIST LATUR (MH)**

सहायक प्रशिक्षण केन्द्र सीमा सुरक्षा बल-चाकुर
अन्तर्राष्ट्रीय योगा दिवस
21 जून 2018

STC BSF CHAKUR
INTERNATIONAL YOGA DAY
21st JUNE 2018

The Yoga Way of Life !

*“The human body is
the best work of art”*



oga

STC BSF, CHAKUR

॥ योग ॥

Live life to its full potential



"High spiritual, moral and ethical values, along with physical and cultural, promote harmony between man and nature, a healthy environment, and peace and unity."
- Narendra Modi, Prime Minister



UN declares 21st June as International Day of Yoga

STC BSF, CHAKUR



INTERNATIONAL DAY OF YOGA

21st June



**SUBSIDIARY TRAINING CENTRE,
BORDER SECURITY FORCE, CHAKUR. (MH)**

Yoga

is not about
self - improvement,
It's about
self acceptance.

STC BSF, CHAKUR



Yoga

is the **JOURNEY**
of the **SELF**,
to the **SELF**,
through the **SELF**,



International
YOGA DAY

STC BSF, CHAKUR

